



SWCHR Leg 3 2016

From the changeover from leg 2 to 3 (214m altitude) head down the track to the farm.
 Turn right at the farm and go thro metal gate; follow public footpath.
 Gate 1 0.7km; Gate 2 1.6km; stay on hard core path and take next right fork.
 100m after the small dam take the left fork; continue uphill and ignore left turn across a stream. This is just after 2 wooden posts on left.
 Follow path uphill until it levels out at a large cairn (771 293) on the right (4.84km and 800m alt). Follow a bearing of 70 deg to find a faint path which takes you to the fenceline and checkpoint 6 (5.32km, 821m).
 Turn right at the fenceline on a bearing of 160 deg
 Follow fenceline over Meall na Seide to checkpoint 7 (7km and 682m alt).
 Turn right here to find a faint path on a bearing of 200 deg.
 Find the landrover track turning circle at 781 280 (7.41km)
 Follow the track down to Carroglen Farm (10 km)
 Go over the metal gate on the left and go thro the farmyard to take the road on the other side of the farm.
 Go over 2 cattlegrids.
 Turn right at checkpoint 8 and follow the path thro the bracken.
 Cross a small stream and 30m later go over a wooden gate
 Cross larger stream.
 Take a bearing of 340 deg to follow a path up the bank
 Follow path towards and thro a gap in the wall on a bearing of 290 deg
 Follow grassy lane thro 4 gates to the handover point at Funtulich