

Strathearn Harriers Cross Country (XC) Club Championship 2025-26

After a hiatus of several years, the Strathearn Harriers XC Club Championship makes a return for the 2025-26 XC season. Like the annual club championship, the XC Club Championship aims to:

- Allow opportunities for runners to compete over the winter months, and potentially to try out a new (and very sociable!) format.
- Encourage club members to race more frequently for the club.
- Give the club a stronger, more visible presence in cross country races, and avoid penalty points in the club standings by having more Strathearn Harriers finishers.
- Identify male / female club champs who show commitment & excellence in their racing.
- Offer parallel "good-for-age" championships across V40, V50 and V60+ categories.

Each category winner will be awarded a special Strathearn Harriers branded prize – details to follow!

A completion prize will also be awarded to all who complete the Championship (four or more races) in 2025-26

Races

There are 8 races relevant to the Champs (9 for Masters (V40 and above) runners). These are: -

Date	Event	Venue	Format
01/11/2025	East District XC League 1	Kirkcaldy	East League
08/11/2025	Lindsays National Short Course Cross Country Championships	Lanark	Champs
22/11/2025	East District XC League 2	Dundee	East League
06/12/2025	Lindsays East District Cross Country Championships	Stirling	Champs
10/01/2026	Inter-District Cross Country Championships	Glasgow	Champs
17/01/2026	East District XC League 3	Bathgate	East League
31/01/2026	Lindsays National Masters Cross Country Championships	Glasgow	Champs
21/02/2026	Lindsays National Cross Country Championships	Falkirk	Champs
TBC Mar '26	Intra-Club XC at Monzievaird	Monzievaird	Intra-Club

Rules

- The competition is open to all club members who are eligible to compete under Scottish Athletics rules. Runners must have a Scottish Athletics membership and be entered as 'Strathearn Harriers' (unless selected to represent the District).
- You must complete at least 4 eligible races to count in the championship, including at least one East District League race. Your best 4 results (relative to other Harriers) count.
- The Lindsays National **Masters** Cross Country Championships cannot be used as a counting round in the overall champs, but **can** be a counting round in the V40, V50 and V60+ age categories.
- If a V40, V50 or V60 runner wins the Overall prize, they will not also win their age category prize, but the 2nd placed runner in that category will be awarded instead.

Points System

Points will be made up of:

- Finishing Position Points:

Awarded in each race relative to your fellow Harriers as follows:

1st Harrier to finish = 25; 2nd = 23; 3rd = 21; 4th = 19; 5th = 18; 6th = 17 and so on.

- Attendance Points

- 1 attendance point per race completed.
- 3 further bonus points will be awarded for any runner completing 5 races
- 7 further bonus points will be awarded for any runner completing 6 races

(e.g. any runner completing 8 races will be awarded 8 attendance points, plus 3 bonus points, plus a further 7 bonus points = total 18 attendance points).

Notes

- Club officials make a team entry for all XC races. There is no need for runners to enter themselves, but all runners must ensure that they have a valid Scottish Athletics membership.
- Eligibility for each age category is based on age on 1st November 2025.